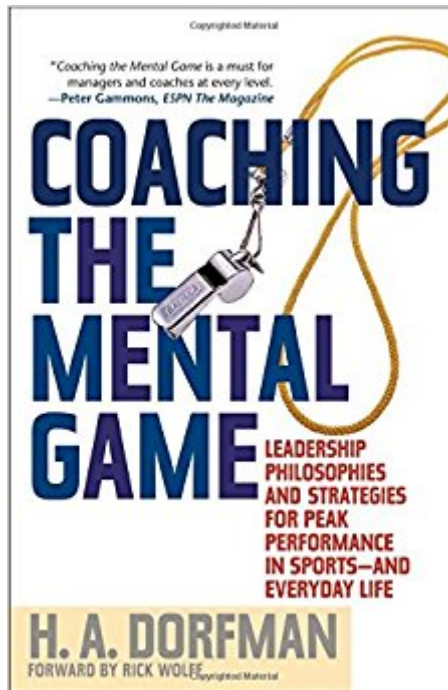




The book was found

Coaching The Mental Game



Synopsis

Whoever claims winning isn't everything obviously has not spoken with an athletic coach. *Coaching the Mental Game* offers coaches of all sports a definitive volume for effectively understanding an athlete's mental awareness, which in turn will help drive success. Author H.A. Dorfman details appropriate coaching strategies aimed at perfecting the player's mental approach to performance. *Coaching the Mental Game* will become the Bible for coaches who strive to make their athletes the most complete performers possible. Not only a wonderful asset to athletic coaches, this book will also prove to be a motivational resource for workers in all industries as well as in the game of life.

Book Information

Paperback: 384 pages

Publisher: Lyons Press; Reprint edition (March 1, 2017)

Language: English

ISBN-10: 1630761885

ISBN-13: 978-1630761882

Product Dimensions: 5.9 x 1.1 x 9 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 3.0 out of 5 stars 1 customer review

Best Sellers Rank: #681,534 in Books (See Top 100 in Books) #118 in Books > Sports & Outdoors > Coaching > Baseball #1162 in Books > Sports & Outdoors > Baseball

Customer Reviews

He's truly amazing. It's true that most people don't want to hear the truth about themselves, but Harv gets in your face, uses a few choice words to get your attention, and he's got you. (Al Leiter, former all-star pitcher) Harv is absolutely unique. He's for real "a straight shooter. He gives it to you right on the line, whether you like it or not. Not many people can "or will "do that. (Walt Weiss, former all-star shortstop and current manager of the Colorado Rockies)

H.A. Dorfman was a noted sports psychologist as well as a sports psychology counselor with the Scott Boras Agency. Recognized as a leading sports psychologist across the world, Dorfman was also a columnist and freelance journalist with articles appearing in *The New York Times*, *The Boston Globe*, and *The Miami Herald*. He has authored three other books: *The Mental Game of Baseball*, *The Mental ABC's of Pitching*, and *The Mental Keys to Hitting*.

Not what I expected, nor what I was looking for

[Download to continue reading...](#)

Life Coaching: Complete Blueprint to Becoming a Powerful Influential Life Coach (Life coaching, Life improvement, positive thinking, coaching, better leadership, goals, consulting) Life Coaching: Life Coaching Blueprint: Save a Life One Person at a Time (Bonus 30 Minute Life Coaching Session - How to Motivate, Inspire, Change Your Life) Life Coaching: Life Coaching Blueprint: Save A Life One Person At A Time (BONUS 30MINUTE Life Coaching Session- How To Motivate, Inspire, Change Your Life) Game of Thrones: 100 Question Trivia Game For True Fans (Epic Fantasy Series, Game of Thrones Books, Game of Thrones, Fantasy Books) (Epic Fantasy, Fantasy ... TV, TV Guide, Game of Thrones Book) The Mental Game of Volleyball (Masters of The Mental Game Book 19) Mental Game Changers Rodeo: How to Change Your Mental Game in 10 Short Stories Coaching Girls' Softball: From the How-To's of the Game to Practical Real-World Advice--Your Definitive Guide to Successfully Coaching Girls ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) Train Your Brain & Mental Strength : How to Train Your Brain for Mental Toughness & 7 Core Lessons to Achieve Peak Mental Performance: (Special 2 In 1 Exclusive Edition) Coaching the Mental Game The Mental Game of Poker 2: Proven Strategies for Improving Poker Skill, Increasing Mental Endurance, and Playing in the Zone Consistently Coaching Youth Volleyball - 4th Edition (Coaching Youth Sports) iCubed: The All Blacks' Winning Rugby Coaching System (iCubed: The Winning Rugby Coaching System Book 5) Coaching Cross Country Successfully (Coaching Successfully Series) The Volleyball Coaching Bible (The Coaching Bible Series) Coaching Volleyball Successfully (Coaching Successfully Series) Volleyball Coaching Manual: An Interactive Coaching Manual for Everyday Use The Swim Coaching Bible, Volume I (The Coaching Bible Series) Survival Guide for Coaching Youth Softball (Survival Guide for Coaching Youth Sports) Coaching Fastpitch Softball Successfully - 2nd Edition (Coaching Successfully Series)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)